



# LINK

## Promoting: Life Skills, Independence, Networking & Knowledge

Forest Lake Area Schools - Community Education  
943 9th Ave SW, Forest Lake, MN 55025  
(651) 982-8110

**WE'RE MOVING!**  
Community Education  
is moving to the newly  
renovated FLAS  
Education Center in  
August 2019. This  
building was formerly  
Southwest Junior High  
and is located at 943 9th  
Ave SW, Forest Lake.

## Fall 2019

**The LINK Program** - offers social, recreational and educational opportunities for adults with disabilities. Community Education staff work hard to offer a variety of activities to enrich the lives of LINK participants and help them to be active and engaged members of the community. We've got some fun activities planned for you! We are looking forward to some new events as well as the return of some old favorite activities. Our Community Education staff hope to see you soon at LINK. Register by mail or online at [www.flaschools.org/ce](http://www.flaschools.org/ce).

**New to LINK?** - Please contact us. We'd like to get to know you so we can ensure a fun, positive experience with the LINK program.

**Transportation** - Transportation is available for a fee and is limited based on distance, travel time and space available. If you are requesting transportation for the first time, please contact us. Participants are transported in Forest Lake Area Schools' vans and SUVs. These vehicles are not equipped with wheelchair lifts. In consideration of others, please be ready to go when the vehicle arrives to pick you up.

**Registering for transportation** - Two registration fee amounts will be listed next to each activity. One is just the cost of the activity and the other includes transportation. Please indicate your need for transportation by circling the correct fee on the registration form or register for the "A" session when registering online.

**Your registration record** - Once you have registered for an activity, please mark the box to the left of the activity name. Keep this information handy so you have dates, times and specific details for each activity for which you are registered.

**Scholarships** - For those experiencing a financial hardship, scholarship funds are available to LINK participants through a private donation. Please include your request for scholarship funds with your LINK registration.

**Staff** - Staff/caregivers are welcome to attend LINK activities. Staff will only be charged for the cost of tickets or food/supplies when applicable. Please look for the "staff rate" when registering.

**Locations** - LINK typically meets at the FLAS Education Center located at 943 9th Ave SW in Forest Lake. Use door 4 at the Education Center. Please see class descriptions for other locations.

**Cancellations** - If you need to cancel a class or activity, you must do so a minimum of two working days before the class is scheduled to start. Instructors will have been notified of the number of students in their class and materials will have been prepared. We cannot issue refunds for trips after the deadline due to bus and ticket reservations.

**Contact Tracy in the Community Education Office:** (651) 982-8110 [Tangelo@flaschools.org](mailto:Tangelo@flaschools.org)

**More information on reverse side.**



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**Cancellations due to weather** - Participant safety is our primary concern. We will cancel activities if the staff believe road conditions are unsafe. Please be aware of weather conditions prior to LINK activities as we may be trying to contact you on short notice. We will make decisions at least 60 minutes before the activity is scheduled to begin.

**Please note:** If you have a disability and need some accommodations to participate in Community Education, call Tracy Angelo at (651) 982-8110. Call at least 10 business days before your class is scheduled to begin. We will do our best to make needed accommodations.

Participants who require personal assistance for physical and/or behavioral issues must be accompanied and supervised in activities by a primary caregiver. If a behavioral incident occurs, a primary caregiver may be required to accompany the participant to all future activities.

If you have any questions about upcoming activities or scholarships, please contact us.

**UCare discounts** - UCare members may qualify for a discount depending on their policy. If you have any questions regarding available discounts, please contact your UCare representative.

UCare Choices - not eligible

Fairview Choices - not eligible

UCare for Seniors plan - one class per calendar year, \$15 discount

UCare Connect plan - unlimited number of classes, \$15 discount per class

UCare Connect + Medicare plan - unlimited number of classes, \$15 discount per class

Any other UCare plans - unlimited

**Contact Tracy in the Community Education Office:** (651) 982-8110 [Tangelo@flaschools.org](mailto:Tangelo@flaschools.org)







# More Link Opportunities

## LINK – Serving Adults with Disabilities

### ☐ Pumpkin Painting

Decorate your own pumpkin with a design of your choice - fall leaves, superheroes, a funny face - it's up to you! We'll also play some games and have a snack.

9638-F19      Oct 16      Wed  
1 session      6:30-8pm      \$10 no transportation or \$5 staff  
Ed Center Cafeteria

9638-F19A      Oct 16      Wed  
1 session      6:30-8pm      \$17 with transportation  
Ed Center Cafeteria

### ☐ Costume Party

Put on your most creative costume (or come as you are) and join us for our annual Halloween Party! There will be music, games, plenty of treats and a costume contest with prizes.

9602-F19      Oct 30      Wed  
1 session      6:30-8pm      \$8 no transportation  
Ed Center Cafeteria

9602-F19A      Oct 30      Wed  
1 session      6:30-8pm      \$15 with transportation  
Ed Center Cafeteria

### ☐ Bingo Night

Join us for a fun filled night of competitive and exciting games of bingo! Prizes, snacks, friends and fun...what could be better? See you there!

9611-F19      Nov 13      Wed  
1 session      6:30-8pm      \$8 no transportation  
Ed Center Cafeteria

9611-F19A      Nov 13      Wed  
1 session      6:30-8pm      \$15 with transportation  
Ed Center Cafeteria



# More Link Opportunities

## □ Arts & Crafts

Create your own craft masterpieces to keep for yourself or share with friends or family. We may also play some games and we'll have a snack.

9604-F19      Dec 4      Wed  
1 session      6:30-8pm      \$10 no transportation  
Ed Center Cafeteria

9604-F19A      Dec 4      Wed  
1 session      6:30-8pm      \$17 with transportation  
Ed Center Cafeteria



## □ Holiday Party

Join in the fun as we celebrate the holidays with music, games, gifts and snacks! You never know who's going to show up! Bring a \$5 gift for a gift exchange.

9605-F19      Dec 18      Wed  
1 session      6:30-8pm      \$10 no transportation  
Ed Center Cafeteria

9605-F19A      Dec 18      Wed  
1 session      6:30-8pm      \$17 with transportation  
Ed Center Cafeteria

LINK - Serving Adults with Disabilities





# Forest Lake Area Schools Community Education LINK Registration

Use this form to register for LINK activities or register at [www.flaschools.org/ce](http://www.flaschools.org/ce).

Need help? Call the Community Education office at 651-982-8110. Tracy will be happy to assist you!

Participant Name (one registrant per form please) \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Emergency Phone \_\_\_\_\_ Other \_\_\_\_\_

Email Address \_\_\_\_\_

Class Title	Class #/Fee no transp.	Class #/Fee including transp.	Staff Fee	Total Fees
_____ Come Dance	9643-F19 \$8	9643-F19A \$15		\$ _____
_____ Riverboat Cruise	9636-F19 \$30	9636-F19A \$40	\$27	\$ _____
_____ Pumpkin Painting	9638-F19 \$10	9638-F19A \$17	\$5	\$ _____
_____ Costume Party	9602-F19 \$8	9602-F19A \$15		\$ _____
_____ Bingo Night	9611-F19 \$8	9611-F19A \$15		\$ _____
_____ Arts & Crafts	9604-F19 \$10	604-F19A \$17		\$ _____
_____ Holiday Party	9605-F19 \$10	9605-F19A \$17		\$ _____

Special health concerns (accommodations, disability, allergy, or special need we should be aware of) \_\_\_\_\_

**Discounts**

Participant's UCare ID# (If applicable) \_\_\_\_\_ UCare Member Discount Total \$ \_\_\_\_\_

**Payment Information**

Cash Check - **Payable to Forest Lake Area Schools** Total Registration Amount \$ \_\_\_\_\_

Discover/MasterCard/Visa (please fill out info below)

Cardholder's First Name \_\_\_\_\_ Cardholder's Last Name \_\_\_\_\_

Credit Card Number \_\_\_\_\_ Exp Date \_\_\_\_\_ Security Code \_\_\_\_\_

Authorized Signature \_\_\_\_\_ Date \_\_\_\_\_

I grant permission for myself and/or my child to participate in this Community Education Activity. I am aware that injuries may occur and I accept full responsibility for any injury received while participating in the program. I understand that Forest Lake Area Schools and its employees are not responsible for any injury to the participant.

Parent/Guardian Signature \_\_\_\_\_

**Cancellations**

If you need to cancel a class or activity, you must do so a minimum of two working days before the class is scheduled to start. Instructors will have been notified of the number of students in their class and materials will have been prepared. We cannot issue refunds for trips after the registration deadline due to bus and ticket reservations.

**Mail to:** Community Education 943 9th Ave SW, Forest Lake, MN 55025