



STUDENT HEALTH SERVICE 2016-2017

The Forest Lake School District's Health Service mission is to promote the health, safety and wellbeing of students. We strive to reinforce healthy behaviors and remove health related barriers to learning.

Each school building has a health office that is primarily staffed with a Licensed Practical Nurse (LPN). There are also three Licensed School Nurses (LSN'S) that cover the district. As a team the LPN and LSN will provide professional support to students enrolled in the district.

The School District has developed policies and procedures that are based on the recommendations of the MN Department of Health (MDH) and the MN Department of Education (MDE). The state of MN also has several laws pertaining to student health that must be followed. The health and well-being of every student is important. How an illness can affect the student population as a whole is considered when developing these policy and procedures.

Health Information

- **Confidential Student Health Information:** This form has been developed by the health service team to help ensure that health information is complete and remains confidential. As a parent/guardian you may choose to share as much or as little information as you want. When we are aware of health issues we are better prepared to respond to the health needs. Every student needs to have this form completed yearly and returned to school prior to the first day. This form is located on the back of the Emergency Contact form.

**** Please contact the health office if your child's health needs change throughout the year. ****

Immunizations

- **MDH Student Immunization Record:** *Minnesota Statutes Section 121A.15 requires children enrolled in a Minnesota school to be immunized against certain diseases, allowing for specified exemptions.* See the MDH Student Immunization Record form (<http://www.health.state.mn.us/>) for a list of required immunizations and specific information about exemptions. The shaded boxes are for recording vaccines/doses that are recommended but not required by law. For combination vaccines, record the date for each disease/vaccine separately. (A combination vaccine is when two or more vaccines are given in one injection). **Student immunization records are available on SchoolView..**

Hearing and Vision Screening

- Hearing and vision screening is done at school for students in grades 1, 3 & 5, new students and per parent or teacher request. The health office will notify parent/guardian if a student does not pass a screening.

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Student Medication

Whenever possible, medication should be given before or after school. When medication is needed in school, a physician order is required before the medication can be administered. The medication is to be transported to and from school by a parent/guardian.

- **Authorization for Administration of Medication at School:** This form needs to be completed by the physician ordering the medication and a parent/guardian. If your child is Kindergarten through 6th grade this form will need to be completed for any type of medication that may need to be given during school hours. Students in 7th-12th grade will need this form completed for all prescription meds or any over-the-counter meds that are taken on a routine basis during school hours.
- **Medication must be in a pharmacy-labeled bottle:** The label must include name of drug, student's name, dosage, route and frequency. Medication will only be given from a properly labeled container; Epi-pens and inhalers require a label on the device, not just the box it comes in. (Upon request, the pharmacist will provide two labeled bottles)
- **Controlled Medication:** Parents/Guardians are responsible for bringing controlled medication to school. All controlled medication needs to be counted and documented by the parent/guardian and the health office staff when brought into school.
- **Over-The-Counter Medication Authorization:** This form can only be used for students in 7th-12th grade. There are 4 medications that a parent/guardian can authorize for their child to take (only occasionally) when needed during school hours. There are strict guidelines that need to be followed and the LPN/LSN will have the final decision if this med/situation needs to have a physician order.
- **Medication disposal:** All medications will be disposed of after the expiration date and/or if not picked up on the last day of school. Parents/Guardians are responsible for supplying new and current medication/equipment and picking up medication/equipment on or before the last day of school.
- **Student Self-carry and Self-administration:** This is a request for a student to carry a medication and take the medication when scheduled or needed during school hours. A physician and parent/guardian signature is required. The student will need to meet with the LPN/LSN. This request will be considered on a case by case situation. (This is often requested for inhalers, Epi-pens, glucose monitoring & insulin)

Too Sick for School?

The following guidelines will help determine when to keep a child home from school.

- ❖ Temperature of 100.0 degrees or higher. Student needs to be out of school for at least **24 hours after** they are fever free, **without** the use of fever reducing medication.
- ❖ Vomiting or diarrhea; **24 hours** from the **last** episode.
- ❖ Uncontrolled cough
- ❖ Strep throat; **24 hours after** starting an antibiotic.
- ❖ Pink Eye; if there is thick white or yellow drainage and eye pain. Exam by MD recommended.
- ❖ Too ill to remain in class and benefit from attending school.
- ❖ Head Lice: students with active head lice will be sent home from school. It is recommended that they are out of school for 12 hours after treatment and until no active lice are seen.
- ❖ A rash that has not been identified and treated.
- ❖ Experiencing pain that requires a narcotic/controlled medication for relief. Please discuss the management of chronic pain with the Health Office Assistant in your school.

Health Services are available only during school hours

All forms and guidelines can be found on the School District website www.flaschools.org

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