Apprenticeships:

How can you build a career through apprenticeship?

As our economy continues to demand highly skilled workers in manufacturing, employers are increasingly using apprenticeships to meet that demand. Many MN employers are training employees both on the job and through college programs to prepare employees for the rigor of highly skilled work.

For example, Ardent Mills in Rush City is looking for high school graduates who would like to learn the flour mill business. Apprentices are sent to Dunwoody (tuition paid) for 1.5 years (a $30K+ value), paid to drive there, and paid for their time learning. The second half of the apprenticeship is spent on site.

Creating Time to Reflect

Do you know what you want after high school?

Your Junior year is a busy time. When you add the stress of school to the stress of figuring out your future, it can seem overwhelming. One important step you can take is to create time to reflect. Clear out the distractions and clutter to quietly consider what it is YOU want.

- What do you enjoy doing? What are your strengths?
- How can that relate to a potential career?
- What environment do you want to be in after graduating?

Save the Date: Thursday, March 7th @ 6:30 pm

Students and Parents, plan to attend our post secondary education panel. Hear from representatives of every type of school to learn what you need to think about when considering your post secondary education/training.
Preparing for the ACT:
What can you do to take the test with confidence?

Utilize your free resources:
- **MCIS** (online class and practice test).
- **ACT Academy** (quick content quizzes and video taught content).
- Develop test taking strategies. For example, **Top 10 ACT Tips**.
- **ACT Content Tips**.
- Play2Prep App. Make prep fun with a friend.
- Read. Reading every day will help you with this test.

ACT Prep Classes:
- Check out **FL Community Education’s PrepStar classes**.

### Junior Year Timeline: If you plan to attend a 4 year college.

<table>
<thead>
<tr>
<th>January/February</th>
<th>March/April</th>
<th>Summer</th>
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<tbody>
<tr>
<td>• Consider school attributes that are important to you (rural vs. urban, big vs. small, distance from home, major).</td>
<td>• Visit 2-3 schools (go prepared with questions).</td>
<td>● Retake the ACT.</td>
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<tr>
<td>• Create a list of 5-10 schools.</td>
<td>• Prepare for the ACT.</td>
<td>● Decide on who you can ask for letters of recommendation.</td>
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<tr>
<td>• Start researching 2-3 schools</td>
<td>• Take an ACT test in April.</td>
<td>● Create a resume (you can use the resume builder in MCIS).</td>
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<tr>
<td>• Prepare for the ACT.</td>
<td>• Meet with the CCC and/or your dean to discuss your post-secondary plans.</td>
<td>● Start researching scholarships.</td>
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**Don’t Forget:**
- ★ Register for the June ACT if you did not register for an April test.
- ★ Add your PSAT scores to your RaiseMe profile.
- ★ Summer is a great time to gain new experiences and knowledge. Have you considered taking advantage of one of the many summer pre-college opportunities offered by colleges?

**Resources:**
- ★ **Book List** for Parents.
- ★ **College Board Big Future** has a very user friendly college search tool.
- ★ **The Guide** is a thorough “how to” for college admissions and financial aid.
- ★ **December Junior Newsletter** has additional information about preparing for life after high school.