



Forest Lake Area Schools  
**Confidential Student Health Information**  
 Elementary School Year \_\_\_\_\_

Student Name: \_\_\_\_\_ Birth Date \_\_\_\_\_ M  F   
Last First Middle

Parent/Guardian: \_\_\_\_\_ Grade: \_\_\_\_\_

1<sup>st</sup> number to call if your child is ill or injured: \_\_\_\_\_ 2<sup>nd</sup> number: \_\_\_\_\_

Dear Parent/Guardian:

Your child's health may affect his or her learning. Therefore, health information is important in planning for your child's needs at school. To ensure the best care for your child, your input and involvement is important. Please continue to update health staff as your child's health needs develop or change. Complete this form and bring it to K-round-up or registration.

**NO HEALTH CONCERNS**

**My child has no health concerns.** Please check box, review and **sign the back of the form**

**HEALTH CONCERNS**

Please ✓ and explain if your child has any of the following:

Allergies (to what? foods, bee stings....) \_\_\_\_\_

\*\*\*A food allergy will require a Special Diet Statement form signed by a medical authority\*\*\*

**Epi-Pen Needed:**  Will be kept in Health Office  Other

Asthma or other breathing problems: \_\_\_\_\_

**Inhaler Needed:**  Will be kept in the Health Office  Other

Lactose Intolerant: \_\_\_\_\_ Special Diet Statement NOT needed

Diabetes:  Type 1 Managed by:  Insulin injections  Insulin Pump  Continues Glucose Monitor

Type 2 Managed by:  Diet only  Oral meds

Heart Problems: \_\_\_\_\_ Medication:  Yes  No

Concussion/Brain Injury: \_\_\_\_\_ Date of injury: \_\_\_\_\_

Seizures: Type: \_\_\_\_\_ Date of last seizure: \_\_\_\_\_

**Emergency medication needed:** \_\_\_\_\_

Attention Deficit Hyper-activity Disorder/Attention Deficit Disorder (ADHD/ADD)

Social/emotional/behavioral/mental health concerns: \_\_\_\_\_

Surgeries or hospitalizations: \_\_\_\_\_

Activity restrictions: \_\_\_\_\_

Receives Special Education /IEP/504 Services: \_\_\_\_\_

Other health concern or significant history of problems: \_\_\_\_\_

**Complete Back of Form**

**ALL MEDICATION** that is given at school requires a physician's order & a signed Authorization for Administration of Medication at School (This includes items such as; cough drops, Tums, skin creams, etc.)

Please list all medications that your child takes at home: \_\_\_\_\_  
\_\_\_\_\_

Please list **ALL** medications that your child needs DURING THE SCHOOL DAY. A completed **Authorization for Administration of Medication at School** is required **each school year** for prescription AND over-the-counter medications.

All Medications that are considered a **Controlled Substance** will need to be brought to the Health Office by a **parent/guardian** and counted with a designated district staff member.

\*\* Throughout the year, please notify the health office of any medication and/or dosage change.

All forms can be requested from the health office and also found on the District website in Health Services

**Vision:** Date of last exam \_\_\_\_\_  No vision problem  Wears glasses or contact

**Hearing:** Date of last exam \_\_\_\_\_  No hearing problem  Hearing loss R/L  Wears hearing aid R/L

**EMERGENCIES:** Does your child have a known health problem that could result in an emergency?  Yes  No

If yes, describe \_\_\_\_\_  
\_\_\_\_\_

**Health Care Providers:**

Does your child have a doctor or clinic where they usually go for health care?  Yes  No

Name of Doctor or Clinic	Location & Phone	Date of Last Exam
Primary:		
Specialist:		

**Note:** If a health condition is serious enough to be life threatening, the parent/guardian is responsible for sharing necessary health information with programs that take place outside of the educational day, including but not limited to, the bus service, before and after school program staff, community education staff and PTA programs.

I attest to the above information and give permission for its release for confidential use in meeting my child's health and educational needs in school. (If you do not give permission for release, contact school administration) I will contact the health office if my child's health needs change through out the year.

Parent/Guardian signature \_\_\_\_\_ Daytime phone \_\_\_\_\_

*Typing my name above constitutes a legal signature and I acknowledge and warrant the truthfulness of the information provided in this document.*

Print Parent/Guardian name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian e-mail contact: \_\_\_\_\_