



# Birth - 3 ECFE Distance Learning

## Week 2, Focus: Exploring Colors

### Music and Movement

Find an object to be your pretend mouse for this fun Hickory Dickory Dock chant!

(Stand up tall and pretend to be a clock. Rock back and forth as you repeat this chant, running your mouse from your toes to your head)

*Hickory Dickory Dock, the mouse ran up the clock.  
The clock struck one, the mouse ran down. Hickory  
Dickory Dock*

Repeat the chant using the following verses:

- ❖ *The clock struck two, the mouse said boo*
- ❖ *The clock struck three, the mouse said wheeeee*
- ❖ *The clock struck four, the mouse said no more*



Talk about the rhyming words you hear!  
Make up additional verses

### Creative Corner

#### Color Mixing Fun

- Dip the colored tip of red, green, yellow markers in water. Let the markers drip onto paper. Drip on top of other colors to make a new color.
- Use cotton balls, crumpled up paper, or other objects as your "mice". Dip mice in red, yellow, blue paint and "dance" on a piece of paper just as the mice did in the story. Wash the mice off in a bowl of water.

(can use paint recipe from last week)



### Book Nook

*Mouse Paint* by Ellen Walsh

[https://www.youtube.com/watch?v=fF\\_CAsEEF4I](https://www.youtube.com/watch?v=fF_CAsEEF4I)

Make your own book about colors with your child



Pick an object to be your "cheese". Take turns hiding the cheese around the house. Pretend to be mice and go searching for the cheese. For younger children, hide the cheese in a small area of a room. For older children, expand the area where you hide the cheese and give hints of "hot" if they are near where you hid the cheese, and "cold" if they are not.