



Birth - 3 ECFE Distance Learning

Week 4 Focus: Exploring Spring

Music and Movement

Eensy, Weensy Raindrops

(Sung to "Eensy, Weensy Spider")
[Pretend your fingers are raindrops]
Some eensy, weensy raindrops
Are falling from the sky.
They're filling up the puddles
And dropping in my eye.
Drip, drip and drop, drop,
I love to hear them fall,
For the eensy, weensy raindrops
Mean wet fun for us all.



Puddle Jumping: Use paper, pillows, or paper plates as your "puddles". Set them up around the room and jump from puddle to puddle. (Think of other ways you can move from puddle to puddle: hop, skip, roll, crawl, run, tiptoe)

Objective: This activity strengthens your child's **locomotor** skills. Locomotor skills are the skills that we use to get from one place to another. They include walking, running, hopping, jumping, skipping, galloping, leaping, and sliding.

Creative Corner

Marvelous Mud

Mud painting may be one of the earliest art forms. From building shelters to making pottery, mud has made an impact on our world culture.

- ❖ **Paint with mud**-mix up different types of soil to create different shades of "paint". Can also add food coloring for more vibrant colors.
- ❖ **Make mud sculptures**-mold mud into shapes. Decorate with rocks, twigs, leaves.
- ❖ **Create animal homes**—add plastic animals or dinosaurs to the mud
- ❖ **Throw mud balls**-make mud balls and throw at an identified target (paper hung on side of house, a tree).



Benefits of mud play: increases awareness of the senses, encourages creativity, strengthens fine/gross motor skills, encourages problem solving, and connects children with nature

Book Nook

Splish Splash Ducky by Lucy Cousins

<https://www.youtube.com/watch?v=g88WCWyGBoc>



Extension activities:

- Have your child act out the different animals Ducky played with in the story.
- After you finish the story, see how many animals your child can recall.

I Wish I Was A Little Hunk Of Mud

(Sung to "When You're Happy And You Know It")

[Color a small piece of paper brown to be your mud. Put it on the body part you sing about]

Oh I wish I was a little hunk of mud

Oh I wish I was a little hunk of mud

And I'd ooey and I'd gooey

Over everybody's shoesies

Oh I wish I was a little hunk of mud

(Repeat the song, filling in different body parts for the word shoesies)



Objective: identifying body parts