



Birth - 3 ECFE Distance Learning

Week 6 Focus: Exploring Bugs

Music and Movement



Using your finger or an object as your bee, act out the following song

Bumblebee, Bumblebee

(tune: Jingle Bells)

Bumblebee, bumblebee landing on my toes.
Bumblebee, bumblebee now he's on my nose.
On my arm, on my leg, now on my elbow.
Bumblebee, oh bumblebee
you land and then you go.

BZZZZZZZZZ

Game: Be a bee and buzz to different places (e.g a tree, fence, front door)

Objectives: body awareness, following directions, rhyming words, imagination



Creative Corner

Go on a bug hunt. Look under stones, sticks, leaves.



After you bug hunt, look around your house for things you can make your own bug with. Some ideas: paper, egg carton, muffin liners, cardboard tubes, straws, cotton balls, old playdoh, plastic egg. Create a bug together. It is your bug creation, so it can look any way you want it to. Give your bug a name.



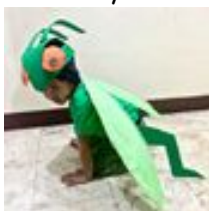
This activity: connects children with nature, encourages creativity, strengthens observation skills, promotes language development, introduces new vocabulary

Book Nook

I Love Bugs by Philemon Sturges

<https://www.youtube.com/watch?v=IGxI6v-kIOY>

Extension activity for older children: If you could be a bug, what kind would you be? Why?



Butterfly	Ladybug
1. Start sitting on the floor.	1. Lay flat on your tummy.
2. Bend your knees and bring the soles of your feet together.	2. Place your hands under your shoulders.
3. Pull your feet as close to your body as you can keeping them on the floor.	3. Lift your chest off the floor.
4. Gently bring your thighs toward the floor.	4. Look up.
5. Gently flutter legs up and down like a butterfly!	5. Hold.

Yoga enhances a child's flexibility, strength, coordination, and body awareness. It also brings a sense of calmness and relaxation to their world.



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